


HOCKEY
NEW ZEALAND
SMALL STICKS GAME

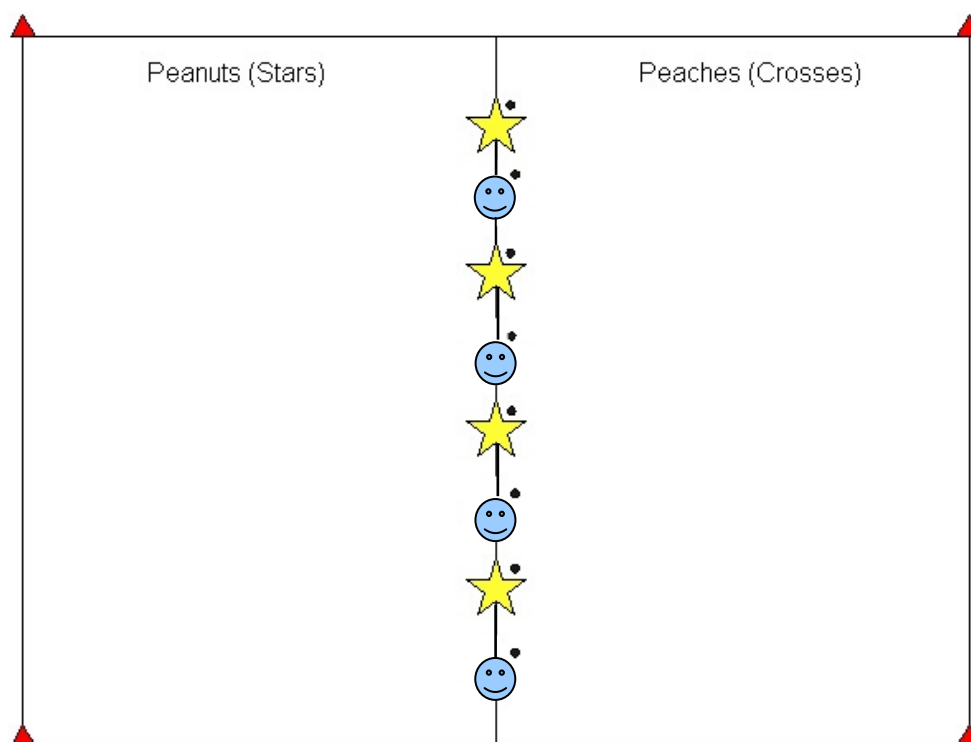
Title: Peanuts and Peaches

Aim: To look at speed off the mark and tackling from a different angle

Equipment Needed:

- Cones
- 1 x hockey stick each
- 1 x ball per player

Set Up:



Description:

- Players in 2 teams; Peanuts (Stars) and Peaches (Faces) line up on the centre line in the middle of a 20m squared area
- When the Coach calls Peaches the peaches team dribble their ball to their safety line, meanwhile, the Peanuts chase them and look to tackle cleanly before the player reaches the safety area
- If a player is tackled, they join the other team
- The game is over when one group has caught all the other team

Variations:

- The coach can trick the players by saying other P words to get a false start, or by saying PEA..... to keep teams in anticipation for a few seconds
- Once a player is tackled, they could become a 'floating tackler' on either side of the centre line