

Past Men's Winners (Challenge Shield)

2018	Capital
2017	North Harbour
2016	Midlands
2015	Capital
2014	Auckland
2013	Auckland
2012	Auckland
2011	Auckland / Central
2010	Capital
2009	North Harbour
2008	Midlands
2007	North Harbour
2006	Wellington
2005	Canterbury
2004	North Harbour
2003	Wellington
2001	Auckland
2000	North Harbour

Past Women's Winners (K Cup)

2018	North Harbour
2017	Midlands
2016	Canterbury
2015	Auckland
2014	Auckland
2013	Midlands
2012	Canterbury
2011	Auckland
2010	North Harbour
2009	Central
2008	North Harbour
2007	Wellington
2006	North Harbour
2005	Wellington
2004	Canterbury
2003	Wellington
2002	Canterbury
2001	Auckland
2000	Auckland